

Course Instructors

Dr. Nicole Culos-Reed:

Associate Professor, Health & Exercise Psychology, Faculty of Kinesiology Adjunct Associate Professor, Department of Oncology, Faculty of Medicine
Dr. Nicole Culos-Reed is an Associate Professor in Health and Exercise Psychology in the Faculty of Kinesiology, and Adjunct Associate Professor in the Department of Oncology in the Faculty of Medicine, University of Calgary. Dr. Culos-Reed also holds a Research Associate appointment with the Department of Psychosocial Resources, Tom Baker Cancer Centre.

Her work is on Physical Activity for Cancer Survivors, and focuses on utilizing a multidisciplinary perspective to understand and improve the quality of life of cancer patients and survivors. Specifically, the goal of this research is to develop physical activity programs that positively impact the myriad of physical and psychological factors that cancer survivors experience, ultimately enhancing their quality of life.

Upcoming work will include providing greater accessibility and options for physical activity programs to the cancer survivor population, to examine the feasibility of lifestyle interventions at various stages of the cancer continuum (diagnosis, treatment, post-treatment, survivorship, and palliation), and to collaborate with other cancer centers to better understand the role of physical activity for different cancer types.

Dr. Margaret McNeely PT:

Dr. Margaret (Margie) McNeely is an Assistant Professor in the Department of Physical Therapy at the University of Alberta in Edmonton, Canada. She currently holds a joint appointment in the Department of Oncology and performs clinical research in the Rehabilitation Medicine Department at the Cross Cancer Institute. Dr. McNeely's research interests are in the area of cancer rehabilitation and exercise. Her research to date has focused on upper limb dysfunction and cancer-related symptoms of lymphedema, pain, and fatigue.

Course Overview

Day One

- 1700 – 1730 Registration
- 1730 – 1800 Introduction
- 1800 – 1900 Oncology Basics
- 1900 – 2000 Cancer & Exercise Research
- 2000 – 2100 Implications of diagnosis, treatment and medication for exercise

Day Two

- 0900 – 1015 Introduction ACSM review – clinical guidelines
- 1015 – 1030 Coffee Break
- 1030 – 1100 Scope of practice review
- 1100 – 1130 Screening for safety
- 1130 – 1200 Cancer survivor viewpoint
- 1200 – 1300 LUNCH
- 1300 – 1400 Exercise testing (demo)
- 1400 – 1500 Class program and structure (practical)
- 1515 – 1630 Case studies
- 1630 – 1700 Questions and Wrap up



Oncology Physiotherapy

A Division of the Canadian Physiotherapy Association

Presents:

**CANCER & EXERCISE:
Training for Health
Professionals***

November 14th 5 – 9 PM

November 15th 8 – 4 PM

Registration begins at 3:00

Adidas Board Room,
KNB214 B Human Performance
Laboratory,
University of Calgary,
2500 University Drive NW,
Calgary, AB

*will include presentations from a
medical oncologist and cancer survivor

Course Objectives

1. Participants will have a basic understanding of cancer pathology, treatment and potential side effects.
2. Participants will be able to understand and discuss the latest research in cancer and exercise.
3. Participants will be able to safely design a physical therapy treatment for client's with cancer and related complications in mind.

This course is open to:

- Physiotherapists
- Physiotherapy Students
- Physiotherapist Assistants
- Occupational Therapists
- Nurses

Receipts and course certificates will be distributed at the completion of the seminar.

Registration Deadline November 3, 2014

Cost:

Cost: Oncology Division Members/student/PTAs: \$220.00

CPA members: \$275

Non-CPA Members: \$350

Includes course materials and refreshments at breaks. Pizza will be included on November 14th. Please note lunch is not provided.

Cancellation Policy

Withdrawal by Registrant: All course withdrawal requests must be received in writing. Withdrawal requests received more than 15 days prior to the course date will be refunded in full, less a \$20.00 administration fee. Withdrawal requests received between 15 days and 7 days before the course date will be refunded 50%. No refunds will be given for withdrawal requests received within 7 days of the course date.

Cancellation of Course: In the event that Oncology Division chooses to cancel a course, all registration fees paid will be refunded in full. Course fees will not be refunded for travel delays caused by weather or other acts of god which prevent any registrant from attending.

Registration Form

Name:

Address:

Phone Number:

Email:

CPA#:

Payment Methods:

1. By mailed cheque:
Make cheques payable to
Oncology Division and mail to:

Anne Rankin
212 Friedman Building
2177 Wesbrook Mall,
University of British Columbia
Vancouver, BC Canada V6T 1Z3
604 827 4959

anne.rankin@ubc.ca

For further questions please contact:

Oncology Division at
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